

BAY TO BAY VOLLEYBALL

FULL TRAVEL TEAMS

Team Identifier example: 16-1 (top team), 16-Premier (2nd team), 16-Club (3rd team)

SEASON OVERVIEW



Practices start on May 16th.

Teams will train 4-5 days a week for the next 6 weeks (through the end of June).



Teams participate in two local Bay Area events.

The Grass Man on June 4th (Willow Glen) and the Bay to Bay In-House tournament on June 12th.



Teams participate in two travel tournaments.

SoCal Cup in Anaheim (June 17-19) and AAU National Championships in Orlando (June 28 - July 1)

TEAM COSTS

Club Dues

Full Travel Team Club Dues are \$1,400 for the Summer season.

This includes practice time, coaches salary, tournament fees, and equipment.

Uniform Dues

\$400 for the full uniform package (3 jerseys, 3 shorts, sweatpants, sweatshirt, 2 practice shirts, backpack).

Uniforms do not need to be purchased again next year.

Travel Costs

Each family is responsible for getting to/from travel tournaments (flying or driving) as well as hotels.

The club will let you know when & where to book your travel/hotels.

WHO IS IT FOR?

Our Full Travel Teams are for any athletes that thoroughly enjoy playing volleyball and have the internal desire to improve regardless of age or experience level. These teams are for families that are ready to make the full commitment to the time and travel needed to get the most out of the entire Summer season.

Full Travel Teams bring together the best of everything that Bay to Bay and club volleyball has to offer (high level training, consistent practice schedule, local events, and large scale national tournaments).

BAY TO BAY VOLLEYBALL

ANAHEIM ONLY TRAVEL TEAMS

Team abbreviations: 15-Summer, 14-Summer, 13-Summer, etc.

SEASON OVERVIEW



Practices start on May 16th.

Teams will train 4-5 days a week for the next 5 weeks (season ends on June 19th at the conclusion of SoCal Cup).



Teams participate in two local Bay Area events.

The Grass Man on June 4th (Willow Glen) and the Bay to Bay In-House tournament on June 12th.



Teams participate in one travel tournament.

The conclusion of the season will be the SoCal Cup in Anaheim (June 17-19).

TEAM COSTS

Club Dues

Anaheim Only Team Club Dues are \$1,100 for the Summer season.

This includes practice time, coaches salary, tournament fees, and equipment.

Uniform Dues

\$400 for the full uniform package (3 jerseys, 3 shorts, sweatpants, sweatshirt, 2 practice shirts, backpack).

Uniforms do not need to be purchased again next year.

Travel Costs

Each family is responsible for getting to/from travel tournaments (flying or driving) as well as hotels.

The club will send you a Anaheim hotel booking link if accepted.

WHO IS IT FOR?

Our Anaheim Only Travel Teams are for athletes and families that want to get a true club volleyball experience. These teams usually consist of players that just competed for their high school or middle school teams and are looking to continue the momentum of their seasons.

Anaheim Only Teams are fantastic introductions to Bay to Bay because they bring together the best of everything that Bay to Bay and club volleyball has to offer (high level training, consistent practice schedule, local events, and one large scale national tournament) while minimizing the overall monetary, travel, and time commitments.

BAY TO BAY VOLLEYBALL

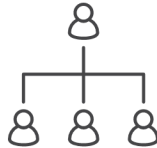
LOCAL TRAINING GROUPS

SEASON OVERVIEW



Practices start on May 21st.

Groups will train 2 days a week (primarily Sat/Sun) for the next 4 weeks. Season ends on June 12th at the Bay to Bay in-house tournament).



Players are grouped by age and skill level.

To form the best training environment, athletes are grouped so that they are appropriately challenged.



Program cost is \$700.

Covers practice time, 1 practice shirt, equipment, coaches, and entry into two local events: the Grass Man (June 4) and the Bay to Bay tournament (June 12).

PROGRAM FORMAT

Lead Coach Driven

The program is run by Stanford coach Mason Tufuga and assisted by numerous Bay to Bay coaches.

Coach Mason designs the practice plan for all of the groups and leads them through structured training.

Individual Skill & Play

The first hour of each session focuses on individual skill development (passing, attacking, serving, etc.)

The last half of each session is reserved for working those individual focuses into high speed gameplay for each group.

"Building Block" training.

Each session of Training Groups builds off of the last. This allows players to build off of a strong foundation.

Each drill can be tweaked at the group level to create a more or less challenging environment for athletes in each Training Group.

WHO IS IT FOR?

Our Local Training Groups are for athletes that are looking to get involved with the consistent training at Bay to Bay but are not ready or unable to commit to the extended Summer season.

Local Training Groups are a fantastic introduction to Bay to Bay because they combine high level training, consistent practice schedule, and some tournament play while minimizing the overall monetary, travel, and time commitment on families.