

CLUB GUIDELINES

General Hygiene

- All participants should stay home when feeling sick (fever, cough, etc)
- Whenever possible participants should practice social distancing of 6 feet or more
- Avoid touching your face
- Wash your hands or sanitize often
- Cover your mouth/nose when coughing or sneezing and immediately sanitize afterwards

Limiting Capacity

- We will follow all local and state guidelines in regards to public gatherings
 - o Each stable cohort of no more than 12 participants will be assigned three grass nets to set up in their own distinct portion of the outfield so that they will never come within 50 feet of a different cohort that is training (see image below for example)
 - o To minimize variables, we will only allow participants, coaches, and staff into the facility. Parents/guardians will need to drop off participants outside of the practice facility and remain in their cars.

Limiting Contact

- Prior to all practices, teams will be assigned three courts in a specific part of the outfield and will only interact with their stable cohort/team (coaches and participants) during their allotted time on their assigned courts. (First Base, Right Field, Center Field, Left Field, Third Base)
- There will be designated 1-way entrance and exits for each practice facility to ensure that there is no overlap or contact between separate time slots (see map [here](#)).
- We will stagger the end and start times of each cohort to allow proper cleaning of equipment and allow for the previous team to vacate the premises prior to the arrival of the next cohort.
 - o This will also give teams that just finished their practice the ability to exit through the assigned door, and the upcoming teams the ability to enter through the assigned space with zero overlap.
- Participants will be asked to bring all fluids that are needed for practice (i.e. 2-3 water bottles) so that there is no congregating at water fountains.
- Participants will be asked to use the restroom at home and do everything in their power to not have to use the facilities in the gym. Restrooms will still be available for use if needed, but only one person will be allowed in a restroom at a time and players must be escorted to the restroom by a Bay to Bay coach or staff member.

Contact Tracing

- All coaches, participants, and parents will be required to sign a contact tracing disclosure form in which they agree to notify the club if they themselves or a family member contracts COVID-19 so that all people who have been in contact can be notified and quarantined for a 14-day period.
- Logs of each practice will be kept to ensure knowledge of all people that were on site for a practice if a potential exposure could have taken place.
- All attendees will be temperature checked prior to entering the facility.

Disinfecting Guidelines

- Participants and coaches will be required to sanitize their hands and arms prior to entering the facility (either with club supplied hand sanitizer or using soap and water in the bathroom).
 - In between each practice, all common surfaces (nets, poles, cranks, antennae, etc) will be wiped down and disinfected using commercial grade cleaning supplies
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- Each cohort will be assigned 12 volleyballs that only their team will use. These balls will be disinfected using a UV light cleaner at the end of each practice session.

Staff Guidelines

- All coaches have been surveyed regarding their health, potential exposure, and adherence to the shelter-in-place orders to ensure the safest environment for athletes.
- All coaches have been instructed to stay home if feeling sick.
 - o As always, coaches will be paid fully on any and all sick days to ensure no conflicted interest, public health must remain the number one concern.
- All coaches will receive a temperature check upon arrival to the facility.
- Coaches will stay with their assigned team to limit the amount of people that individual athletes come in contact with (i.e. we will not have a “floater” coach that moves from one team to another during practices).

CDC AND SCC HEALTH DIRECTIVES

Analysis of SCC Appendix C-2 (Allowed Additional Activities Effective June 5th)

Youth summer camps are critical to children’s physical, mental, and social development, and also play a vital role in families’ social and economic wellbeing. However, these programs involve a relatively high quantity, intensity, and duration of contacts, and children are often unable to consistently follow social distancing and sanitation requirements that apply to other types of businesses. Risk associated with this category of businesses can be mitigated to some degree with limitations on the size of the groups and on intermixing between groups. In addition, because many of these businesses are already allowed to operate for some children, this addition creates a relatively modest expansion of activity.

Under the latest amendment to the shelter in place order from Santa Clara County, outdoor athletic activities that are non-contact (such as grass volleyball) and that carry low-to-moderate levels of transmission risk are allowed to resume as long as they stay do not exceed a group of 12 participants.

Analysis of CDC Considerations

The Centers for Disease Control and Prevention (CDC) offered a comprehensive list of considerations for ways in which youth sports organizations can protect players, families, and communities and slow the spread of the Coronavirus Disease 2019 (COVID-19). Our club protocols that were listed above have been modeled after these considerations and adapted to adhere to our local Santa Clara County Health Officials June 5th update to the Shelter In Place order.

- We will post a sign at the entrance of the facility informing all personnel and customers that they should: not enter the facility if they have any COVID-19 symptoms; maintain a minimum six-foot distance from one another; sneeze and cough into a cloth or tissue or, if not available, one’s elbow; wear a face covering to enter; and not shake hands or engage in any unnecessary physical contact.
 - Where lines may form at the facility (entrances/exits), we will put markings/cones in six-foot increments at a minimum, establishing where individuals should stand to maintain adequate social distancing.
 - We will limit the number of people who can enter into the facility at any one time to ensure that people in the facility can easily maintain a minimum six-foot distance from one another at all times, except as required to complete Essential Business activity.
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